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## Beyond Boundaries: Unraveling the Ethical Challenges of Coordinated Transgender Healthcare for Adults

- Transgender describes individuals whose current gender differs from the gender assigned at birth.
  - a. True
- b. False
- 2. Gender expression includes which of the following?
  - a. Clothing
  - b. Hairstyle
  - c. Voice
  - d. All of the above
- 3. Health disparities for the transgender client include:
  - a. Discrimination
  - b. Cultural competence of providers
  - c. Insufficient understanding of health needs
  - d. All of the above
- 4. Mental health conditions for the transgender client may include:
  - a. Isolation
  - b. Depression
  - c. Anxiety
  - d. All of the above
- 5. Gender dysphoria manifests itself in various ways including:
  - a. Emotional distress
  - b. Anxiety
  - c. Dissatisfaction with one's physical appearance
  - d. All of the above
- 6. Posttraumatic stress disorders can significantly impact transgender individuals as they may experience unique stressors related to their gender identity.
  - a. True
- b. False
- A culturally competent care coordinator approach includes sensitivity to:
  - a. Using the patient's preferred name and pronoun
  - b. Creating a safe and nonjudgmental environment
  - c. Being attuned to the broader sociocultural factors that may impact transgender adults and health
  - d. All of the above
- 8. By enhancing access and understanding gender-affirming care, the care manager can play a pivotal role in illuminating barriers and ensuring equitable access to health care for the transgender individual.
  - a. True
- b. False
- 9. Which ethical principle(s) play a role in care of the transgender individual?
  - a. Justice
  - b. Advocacy
  - c. Beneficence
  - d. All of the above
- 10. The ethical principle of justice emphasis which of the following?
  - a. Fairness
  - b. Equity
  - c. Elimination of discrimination
  - d. All of the above

- 11. Which of the following key reasons are vital in transgender health care when considering confidentiality and privacy?
  - a. Disclosure
  - b. Trust and provider-patient relationships
  - c. Mental health and gender-affirming care
  - d. All of the above
- 12. The principles of beneficence include which of the following:
  - a. Using correct names and pronouns
  - b. Acknowledging diverse gender expressions
  - c. Promoting a health care environment that fosters a sense of dignity and acceptance
  - d. All of the above

CE 2

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## **Addressing Social Determinants of Health: Are We There Yet?**

- The World Health Organization defines social determinants of as the conditions in which people are born, grown, live, work, and age.
  - a. True
- b. False
- 2. Social determinants of health include:
  - a. Income
  - b. Education
  - c. Housing
  - d. All of the above
- 3. Social determinants influence health equity or contributors to health inequity.
  - a. True
- b. False
- 4. What percentage of health outcomes are impacted by social determinants?
  - a. 15-40%
  - b. 20-45%
  - c. 25-50%
  - d. 30-55%
- 5. Some of the domains of social determinates of health include:
  - a. Economic stability
  - b. Health care access and quality
  - c. Social and community context
  - d. All of the above
- 6. People living in poverty may not be able to able to afford:
  - a. Food
  - b. Housing
  - c. Healthcare
  - d. All of the above
- 7. Social community context may include which of the following:
  - a. Relationships and interactions with family
  - b. Positive relationships at work, home, and community
  - c. Children when parent(s) are incarcerated
  - d. All of the above
- 8. In a recent study conducted by the Centers for Medicaid and Medicare Services, which social need was most prevalent:
  - $a.\ Transportation$
  - b. Food insecurity
  - c. Housing
  - d. Employment

- 9. By regularly accessing SDOH, emergency department visits can be reduced.
  - a. True
- b. False
- 10. The Accountability Health Communities Health Related Social Needs Screening Tool asks core questions including:
  - a. Living situation
  - b. Food
  - c. Transportation
  - d. All of the above
- 11. Accessing SDOH and collecting data is a first step in addressing the issues of SDOH.
  - a. True
- b. False
- 12. In developing a program to address DOH, components may include which of the following:
  - a. Which assessment tool to use
  - b. How screening will be done
  - c. What resources will the patient be provided after the assessment
  - d. All of the above

CE 3

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## **Understanding Clinical Trials: Part 1**

- A clinical trial is a type of research that studies new medical, surgical, or behavioral interventions and evaluates their effects on human health outcomes.
  - a. True
- b. False
- 2. The first clinical trial compared meat-eaters with men who ate legumes and vegetables and drank water, and the legumes and vegetables eaters appeared to be nourished better.
  - a. True
- b. False
- 3. What year was the first recorded controlled clinical trial conducted?
  - a. 1689
  - b. 1719
  - c. 1747
  - d. 1798
- 4. The first placebo study in the United States was compared with an active treatment for what disease?
  - a. Hepatitis
  - b. Rheumatism
  - c. Scurvy
  - d. None of the above
- 5. The ethical framework for human subject protection has its origins in the Hippocratic Oath.
  - a. True
- b. False

- 6. What year was federal oversight strengthened to require the informed consent?
  - a. 1948
  - b. 1962
  - c. 1966
  - d. None of the above
- 7. The passage of the Food and Drug Act in 1906 demanded greater accountability for marketing food and drugs, and the need for testing drugs in clinical trials increased.
  - a. True
- b. False
- 8. Clinical trials can be done for a variety of reasons including which of the following?
  - a. To determine whether a new drug or device is safe and effective
  - b. To test a new combination of drugs
  - c. To test an existing drug in a different population than originally evaluated
  - d. All of the above
- 9. Who can conduct clinical trials?
  - a. Pharmaceutical companies
  - b. Federal offices and agencies
  - c. Individuals
  - d. All of the above
- 10. Clinical trials can be done at which of the following sites:
  - a. Universities
  - b. Hospitals
  - c. Medical offices
  - d. All of the above
- 11. Researchers start the clinical trial process with an idea to improve care and outcomes, including which of the following?
  - a. When determining if a new product eradicates the effects of a disease
  - b. When molecular compounds have beneficial results against certain diseases
  - c. When preexisting treatments have unintended consequences
  - d. All of the above
- 12. The clinical trial protocol is a detailed plan containing which of the following?
  - a. Criteria of who can participate
  - b. Prescribed treatments
  - c. Schedule of visits
  - d. All of the above
- 13. Placebo-controlled trials are important because they can identify the positive effects of active treatment.
  - a. True
- b. False

Answer sheet next page >

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Beyond Boundaries: Unraveling the Ethical Challenges of Coordinated Transgender Health Care for Adults

Please indicate your answer to the exam questions on the preceding pages by filling in the letter.

Objectives:															
1. Define transgender.															
2. Define the components of coordinated care for the transger	nder	pers	on.												
3. State 3 ethical domains in care of transgender individuals															
1 2 3 4 5 6 7.		8.		9	)	10	11.		12						
EXAM 2 Addressing Social Determinants of Health: Are We There Yet?  Objectives:  1. Define social determinants of health. 2. State five social drivers of health. 3. State three ways data can be used to improve social determinants of health (SDOH) for patients.															
3. State three ways data can be used to improve social determi	nant	s of l	healt	h (S.	DOH)	for patients	•								
1 2 3 4 5 6 7.		8.		(	)	10	_ 11.		_12						
EXAM 3 Understanding Clinical Trials: Part 1															
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Objectives: 1. Define clinical trials.															
<ol> <li>Briefly state the evolution of clinical trials from the beginning</li> </ol>	ng ta	the	curr	ent t	ime.										
3. Define 4 reasons why clinical trials are done.		, 1110	carr												
4. State 3 categories of clinical trials.															
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<b>Continuing Education Program Evaluation</b> <i>Please indicate y</i>	our r	ating	by ci	rcling	the ap	ppropriate nur	nber u	sing a	scale of	f 1 (low) i	to 5 (	high	).		
	EXAM 1				EXAM 2				EXAM 3						
1. The objectives were met.	1	2	3	4	5	1	2 :	3 4	5		1	2	3	4	5
2. The article was clear and well organized.	1	2	3	4	5	1	2 :	3 4	5		1	2	3	4	5
3. The topic was both relevant and interesting to me.	1	2	3	4	5	1	2	3 4	5		1	2	3	4	5
4. The amount and depth of the material was adequate.	1	2	3	4	5	1	2	3 4	5		1	2	3	4	5
5. The quality and amount of the graphics were effective.	1	2	3	4	5	1	2	3 4	5		1	2	3	4	5
6. I would recommend this article.	1	2	3	4	5	1	2 :	3 4	5		1	2	3	4	5
7. This has been an effective way to present continuing education.	1	2	3	4	5	1	2	3 4	5		1	2	3	4	5
8. Additional comments:															
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